





### **BOWLS**

Bowls are available in a half pan or full pan. Half pan serves 4-6, full pan serves 8-10.

### Beef Barbacoa - half pan \$60, full pan \$120

Organic brown rice, slow-roasted locally-sourced barbacoa beef, romaine, black bean & roasted corn pico, avocado ranch, goat cheese, cilantro GF

## Pork Green Chili - half pan \$50, full pan \$100

Organic brown rice, slow-roasted green chili pork, romaine, cheddar-jack cheese, black bean & roasted corn pico, cilantro lime sour cream, avocado GF \*vegan cheese available

## Chicken Teriyaki - half pan \$50, full pan \$100

Organic brown rice, marinated teriyaki chicken breast, shredded carrot, romaine, roasted broccoli, pineapple chutney, scallion, cilantro, sesame seeds GF

### Sweet Potato Bowl - half pan \$50, full pan \$100

Organic quinoa, spring mix, miso ginger brussels sprouts, pepita, garbanzo beans, miso ginger sauce GF VG

### **COOKIES & SMALL BITE CAKES - \$2ea**

Oat Walnut Chocolate Chip Cookie

Chocolate Chip Cookie

Peanut Butter Cookie

Banana Cake (whole cake - \$40)

Carrot Cake (whole cake - \$50)

Tres Leches Cake (whole cake - \$50)

Chocolate Cake (whole cake - \$50)

# **BEVERAGES**

\$9.99 each

\$19.50 each

Available by the gallon only

Available in 640z only

Lemonade Sweetened Iced Tea Unsweetened Iced Tea Cold Brew Coffee Brewed Hot Drip Coffee

96oz container

Seasonal Draft Local Songbird Kombucha



(creamer, sugar, etc.).



## **GREENS SALADS**

Salads are available in large bowls. Each large bowl serves 4-6.

#### Caesar Salad - \$40

Romaine lettuce, parmesan cheese, crouton, creamy Caesar dressing ADD chicken \$12

#### Cobb Salad - \$60

Romaine lettuce, spring mix, chicken breast, hardboiled egg, cherry tomato, blue cheese crumbles, bacon, sunflower seed, avocado, avocado ranch GF

### Honey Walnut Apple Feta Salad - \$40

Spring mix, honey glazed walnuts, apple, celery, golden raisins, feta, maple dijon vinaigrette



### Almond Beet Quinoa Salad - \$40 📵 🚾



Spring mix, pickled beets, quinoa, sliced almonds, shredded carrot, goat cheese, basil balsamic vinaigrette

### SANDWICH/WRAP BOXES

Individual sandwich/wrap is boxed up with chips, all \$10.99 each.

## Turkey & Swiss Hoagie

Sourdough hoagie bun, turkey breast, swiss cheese, romaine, tomato, red onion, mayo

## Tuna Salad Wrap

Co+op walut & apple tuna salad, spring mix, whole wheat tortilla

# Sesame Spring Wrap

Hummus, spring mix, carrot, garbanzo bean, pickled onion, cucumber, red bell pepper, miso ginger dressing, whole wheat tortilla vo

# Chicken Curry Wrap

Co+op chicken curry salad, spring mix, whole wheat tortilla

## Chicken Peanut Spring Wrap

Chicken breast, spring mix, red cabbage, carrot, cucumber, pickled onion, peanut sauce, chili cream cheese, whole wheat tortilla